



PE Curriculum Overview 2025/2026

Term	Year Groups						
	FS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Intro to PE – Personal Skills	Physical Skills – Multi Skills Agility, Balance and Coordination	Physical Skills – Multi Skills Agility, Balance and Coordination	OAA + Tri Golf	Invasion Games (Tag Rugby) + Tri Golf	OAA + Tri Golf	Invasion Games (Tag Rugby) + Tri Golf
Autumn 2	Large Ball Skills – Social Skills	Dance	Dance	Dance + Invasion Games (Hockey Focus)	Dance + Invasion Games (Basketball Focus)	Dance + Invasion Games (Hockey Focus)	Dance + Invasion Games (Basketball Focus)
Spring 1	Gymnastics	Gymnastics	Gymnastics	Gymnastics + Invasion Games (Football)	Gymnastics + Invasion Games (Football)	Gymnastics + Invasion Games (Football)	Gymnastics + Invasion Games (Football)
Spring 2	Multi Skills	Health & Fitness	Health & Fitness	Invasion Games (Netball Focus) + Health & Fitness	Invasion Games (Handball Focus) + Health & Fitness	Invasion Games (Netball Focus) + Health & Fitness	Invasion Games (Handball Focus) + Health & Fitness
Summer 1	Athletics – Fundamental Movement Skills	Athletics – Fundamental Movement Skills	Athletics – Fundamental Movement Skills	Net/Wall (Badminton Focus) + Athletics	Invasion Games (Lacrosse Focus) + Athletics	Net/Wall (Badminton Focus) + Athletics + Swimming	Invasion Games (Lacrosse Focus) + Athletics + Swimming
Summer 2	Racket Skills – Physical Skills	Attacking and Defending	Attacking and Defending	Net/Wall (Tennis Focus) + Striking & Fielding (Rounders Focus)	Net/Wall (Tennis Focus) + Striking & Fielding (Cricket Focus)	Net/Wall (Tennis Focus) + Striking & Fielding (Rounders Focus)	Net/Wall (Tennis Focus) + Striking & Fielding (Cricket Focus)